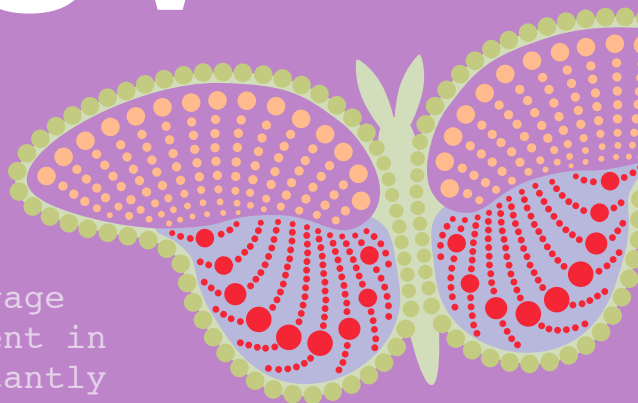
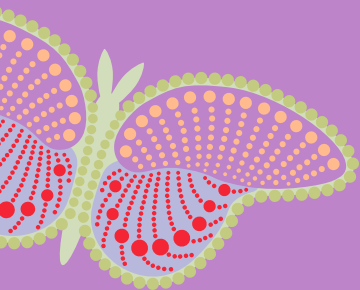




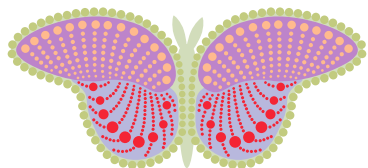
"It has informed me of what relationships should look like and other issues in my community."
(Young Luv participant)

YOUNG LUV



"Today was good to encourage young people to be confident in who they are and to constantly use their support network."
(Young Luv participant)

#youngluv4FVPLSVIC



YOUNG LUV

#youngluv4FVPLSVIC

The *Young Luv* program is part of FVPLS Victoria's Early Intervention and Prevention program and it is focused on promoting healthy relationships for Aboriginal young women between 13 and 18 years old.

Young Luv is an innovative and engaging program developed by and for young Aboriginal women. This program engages young women in a culturally safe space where they can talk about, reflect on and better understand important issues including:

- the dynamics of healthy relationships
- safety while dating, including how to access appropriate support and services
- how to recognise inappropriate or unsafe behaviour
- safety online and appropriate use of social media.

The program is delivered in a one-day workshop format where participants can develop skills for identifying respectful and healthy boundaries in relationships.

Young Luv draws on cultural strength to help young women build resilience and develop coping strategies to deal with issues impacting their lives and their communities.

The program is an opportunity for young women to reflect on their own aspirations, dreams and capacity to make positive decisions.

The *Young Luv* workshops can be delivered in schools, community organisations, and community groups.

For more information or to organise a **Young Luv** workshop in your community, please contact Sam Nixon, Community Education & Early Intervention Prevention Manager on **03 9244 3333** or at snixon@fvpls.org.



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